

21 KEYS FOR LIVING  
CAREFREE IN GOD'S CARE



# MAKING WAR<sup>ON</sup> WORRY



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## YOU ARE THE APPLE OF GOD'S EYE



*“He found him in a desert land,  
And in the howling waste of a wilderness;  
He encircled him, He cared for him,  
He guarded him as the apple of His eye.”  
—Deuteronomy 32:10, NIV—*

*T*he “him” in this verse refers to Israel, God’s chosen people, so we can take it personally because we are now His in Christ. God calls us “the apple of His eye.” This is a beautiful way of saying, “*You* are the center of My focus.” Never doubt it.

### **Guarded**

In each of the Scriptures that contain this unique phrase (Psalms 17:8, Proverbs 7:2, and Deuteronomy 32:10), the concepts of “keep,” “protect,” “surround,” and “shelter”

are conveyed. *This is God's heart for you and me.* He keeps, protects, surrounds, and shelters us with a ferocity that amazes; we are so very *loved*.

The phrase “apple of my eye” is unique to Scripture. Even though it has become a somewhat common turn of phrase, it originated in God, specifically in regard to His love for His children.

### God's Eye

The apple of the eye is a metaphor for the pupil, the tiny opening that allows light (and therefore images) to be captured in the mind. Let's meditate on the symbolism and ideas this reveals to us.

First of all, just as the pupil is encircled and protected, so are you. Just as the pupil is the entrance into the imagination or mind's eye, Jesus is the entrance to God's heart. The pupil is a “gate,” and your devotion is as a key to God's heart!

The phrase can also be translated “daughter.” In the family unit, the most protected one, the most precious, covered, and shielded member is the daughter. She is the “hidden treasure” within the family who traditionally in many cultures, is given a “coming out” celebration. You, too, are God's own hidden treasure.<sup>1</sup>

It can also be translated “little man of the eye.” This meaning comes from the reflection of yourself that you see when you are face to face with someone, looking into

their eyes. Listen, *you are the little one in God's eye because you have been brought face to face with Him through Christ!* Now, right at this very moment, you are reflected in His eyes. This beautiful, unique phrase "apple of my eye" reveals that you are the center of God's focus.

### *Perichoresis*

Centuries ago, when the early church fathers were trying to describe the spiritual reality of the trinity, they decided to call it *perichoresis*.<sup>2</sup> This word basically describes a loving, continual, union and communion in motion—a *dance!* Each member of the trinity exists face-to-face in a perfect, harmonious, moving embrace. *This is what Christ's blood has brought you into.* This is your inheritance...and this is where spiritual transformation, the change you long for, happens. God hugs us into holiness within the *perichoresis!*

Yes, you are the center of His focus, and now you are free because of the cross to make Him, more and more each day, the center of your focus as well. He wants you eye to eye, face to face, heart to heart...no veils.<sup>3</sup> It's a beautiful, eternal dance.

You are so dear to God! Many voices will come and scream at you, trying to discredit this truth, but don't listen. Your failures, enemies, demonic spirits, and even your own heart may condemn and accuse, but hear His sweet, love words over you: "You are my beloved child. With you, I am well-pleased."<sup>4</sup> You are the apple of My eye."

### **Let's Pray!**

*Lord, I receive this truth into my heart today. Your love for me is so deep and wide...it is endless, and I am so thankful for that. Please fill me with a fresh baptism of Your love, Lord. Immerse me in the ocean of Your tender mercy and sweet kindness. And change me there, until all my fears are drowned in your love. Amen.*

### **War Declaration:**

*I am the apple of God's eye, the very center of His focus; therefore, I have nothing to fear!*

### **60-Second Challenge:**

Take one minute and journal what it means to you personally that you are the apple of God's eye. Afterward, send a message of encouragement to someone else about it—through text, a call, social media, etc.

### **Fun Fact:**

The priestly blessing of Numbers chapter six says this:

*"The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace" (Numbers 6:24–26, NIV).*

In Hebrew, this blessing upon God's people has fifteen words made up of sixty letters. The Hebrew word for sixty, as well as the Hebrew letter for fifteen, is the same: *samech*. *Samech* is a circle much like our letter 'o,' and it means "surround, uphold, protect, support, and keep."

God's face is shining on you! *You are so blessed*. You have His attention and focus. You are surrounded by His presence and His glory and kept by His love. You truly are the apple of God's eye. Selah.

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1. See Matt 13:44; Ps 91:1; 1Pet 2:9; and Song of Songs 4:12.
  2. Wikipedia contributors, "Perichoresis," *Wikipedia, The Free Encyclopedia*, <https://en.wikipedia.org/w/index.php?title=Perichoresis&oldid=989468273> (accessed December 24, 2020).
  3. See 2 Corinthians 3:18.
  4. This beautiful affirmation was spoken over Jesus at His baptism. You are now in Christ, and therefore, it is true of you as well. "At the same time, a voice spoke from heaven, saying: "You are my Son, my cherished one, and my greatest delight is in you!" (Mark 1:11, TPT).